



## Program of Study: Holistic Health AAS



Postsecondary/Secondary Partner(s): \_\_\_\_\_

Career Pathways: Therapeutic Services

Education Levels	Grade	Communication	Mathematics	Other Required Academic Courses (i.e. Science, Social Science)	Career and Technical Program Courses	Supplementary Course Recommendations (i.e. world language, entrepreneurship, etc)	Possibilities of careers relating to this Pathway
State Graduation Requirements: (URL to Page) <a href="http://www.cde.state.co.us/postsecondary/graduationguidelines">www.cde.state.co.us/postsecondary/graduationguidelines</a>							
MIDDLE	7						Massage Therapist, Licensed Massage Therapist, Certified Massage Therapist (CMT), Licensed Massage Practitioner, Registered Massage Therapist, Bodywork Therapist, Integrated Deep Tissue Massage Therapist, Therapeutic Massage Technician
	8						
High /Secondary	9	English I	Algebra I,	Earth or Environmental Science		Computer Applications, Physical Education, World Language	
	10	English II	Geometry	Biology, US History, Foreign Language I		Psychology, Nutrition, Physical Education, Public Speaking	
	11	English III	Algebra II	Chemistry, Foreign Language II		Speech/Communications, Physical Education	
	12	English IV	Trigonometry or other Math,	Botany or other lab based Science		Computer Applications	
13 <sup>th</sup> year (ASCENT, P-TECH or other):							
High school courses in the pathway offered locally for college credit should be coded Concurrent Enrollment with CCNS Prefix and Number <weblink>							
<b>List related Industry Certifications/credentials approved and offered locally:</b> <insert credential/Industry certification name here>				<b>Additional Learning Opportunities:</b> <b>CTSO organization(s):</b> <input type="checkbox"/> DECA <input type="checkbox"/> FBLA <input type="checkbox"/> FCCLA <input type="checkbox"/> FFA <input type="checkbox"/> CCSA <input type="checkbox"/> HOSA <input type="checkbox"/> SkillsUSA <input type="checkbox"/> TSA <input type="checkbox"/> SC <sup>2</sup>			
<b>&lt;this field&gt; must have &lt;this level&gt; of training &amp; learning:</b>				<b>Work-based Learning:</b> <input checked="" type="checkbox"/> Career Research <input type="checkbox"/> Cooperative Education <input type="checkbox"/> Internship <input type="checkbox"/> Mentorship <input checked="" type="checkbox"/> Job Shadowing <input type="checkbox"/> Service Learning Project <input type="checkbox"/> Student Apprenticeship <input type="checkbox"/> Industry Certificate			
Postsecondary: CCPT Placement Assessment CLEP <weblink> Prior Learning Assessment (PLA) eligibility: <weblink> Acceleration Opportunities: AP: IB:				<b>Other Graduation Requirements:</b> <input type="checkbox"/> Capstone Project <input type="checkbox"/> Assessment (ACT, SAT, WorkKeys, ASVAB, Locally endorse, Other) <input type="checkbox"/> ICAP Quality Indicators <input type="checkbox"/> PWR Competencies			

POSTSECONDARY PROGRAMS					
POSTSECONDARY	Industry Certificate	Certificate	Associates Degree	Bachelor's Degree	Advanced Degree
		First Aid and CPR	Reflexology Massage Therapy Herbology Health and Wellness	Holistic Health	Medical Assistant Biological Sciences Pre-Health
Insert Program Requirements for Entry: <a href="http://www.trinidadstate.edu/admissions">http://www.trinidadstate.edu/admissions</a> Gainful Employment Link:					
POSTSECONDARY COMMUNITY COLLEGE	Semester	CTE Sequence of Courses		General Education (Sequence of Courses)	
	Year 1 1 <sup>st</sup> Semester	HHP 116 Introduction to Massage Technique I HHP 161 Meditation for health HHP 208 Advanced Musculoskeletal Anatomy MST 106 Anatomy and Physiology Systems	MST 111 Basic Massage Therapy MST 184 Clinical Massage	MAT-107 Career mathematics or MAT-121 College Algebra	
	Year 1 2 <sup>nd</sup> Semester	HPR 117 Anatomical Kinesiology HHP 117 Introduction to Massage Technique II MST 113 Professional Massage MST 184 Clinical Massage	MST 204 Business Practices MST 216 Pathology for Massage Therapy MST 284 Clinical Massage MST 289 Capstone	ENG-115 Technical Writing or ENG-121 English Composition	
	Year 2 1 <sup>st</sup> Semester			Six credit hours of approved electives from Humanities, Science, or Behavioral Sciences	
	Year 2 2 <sup>nd</sup> Semester			COM-115 Public Speaking or COM-125 Interpersonal Communications	
Advanced Degree(s)	University/College: Adams State Degree or Major: Small Business Management for Massage Therapists Number of Articulated CC Credits: 120 <a href="https://www.adams.edu/academics/transfer/massage-therapy-tsjc-transfer.pdf">https://www.adams.edu/academics/transfer/massage-therapy-tsjc-transfer.pdf</a> Alignment to ICAP Process and outcome(if applicable):				
Symbols/Codes: Legend: (this POS is coded for the following)					
+ GT Pathway		o ICAP Quality Indicator Shown	~ Concurrent Enrollment	/ IB	
* Hot career field		- PWR Competencies Shown	Badge	< AP	
^ Special Pops/ACE		@ AVID			

**Signatures:**

\_\_\_\_\_ (Postsecondary) \_\_\_\_\_ Secondary \_\_\_\_\_ Date