



SEPTEMBER
2025

NEWSLETTER

TRINIDAD STATE CONTINUING & COMMUNITY EDUCATION

Self Defense and Mixed Martial Arts

If you have been looking for *self defense* or *mixed martial arts* programs in the Trinidad area, your search is over! We are currently building a schedule of non-credit workshops with instructor, Jerry Cash. If you would like to be added to the list of interested persons, send an email with your name, phone number, age, and area(s) of interest to donna.haddow@trinidadstate.edu.



TRINIDAD STATE IS IN THE PROCESS OF MOVING OUR NON-CREDIT WORKSHOPS TO A NEW SYSTEM. THIS WILL INCLUDE OUR TRADITIONAL NON-CREDIT CLASSES, WORKFORCE COURSES, AND COURSES OFFERED THROUGH THE HERITAGE SCHOOL AND THE MAKERSPACE. THE NEW SYSTEM WILL ALLOW FOR STUDENTS TO REGISTER THEMSELVES ONLINE FOR CERTAIN CLASSES.

WE APOLOGIZE FOR ANY DELAYS IN GETTING INFORMATION OUT TO YOU AND WELCOME YOUR QUESTIONS IN THE MEANTIME.

QUESTIONS? Contact Donna at 719-846-5724 or donna.haddow@trinidadstate.edu



Instructor: Jerry Cash

Jerry started in mixed martial arts over 40 years ago. He draws on this experience to offer effective self-defense strategies for men and women of all ages. He can also provide instruction in Karate, Jiu-jitsu, Brazilian jiu-jitsu, Krav-maga, Jeet Kune Do, Wing Chun, and Aikido.

For more information or to register, contact: Donna Haddow-Continuing Education Coordinator
719-846-5724 | donna.haddow@trinidadstate.edu | 600 Prospect Street, Trinidad, CO 81082



"If we could just free ourselves from our perceived limitations and tap into our internal fire, the possibilities are endless."

Dean Karnazes
Ultramarathon Man

Support Trojan athletic teams!
Trinidad State's fall athletic
schedules are available at
Trinidad State Trojans



Prior Learning Assessment
(Credit for Prior Learning)

Did you know that you may be able to earn
college credit for your non-college or
experience-based learning?

Complete information is available at
trinidadstate.edu/pla/index.html



TEACHER EDUCATION
AI for students:
Ensuring Appropriate
and Effective Use

Unlock the potential of artificial intelligence (AI) in your classroom by learning about nine popular AI tools that can be used to enhance student learning. You will learn about the capabilities of AI, how to use AI tools to support student learning, and evaluate ways in which AI can support students in content knowledge, writing skills, creativity, and progress monitoring. You will also receive a planning document to help you implement what you have learned and an AI tool guide featuring the top nine tools you can start using immediately.

This course is completely online - start anytime
Cost \$50

To learn more or to sign up
click here



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