



Program of Study: Health and Wellness Certificate



Postsecondary/Secondary Partner(s): _____

Career Pathways: Therapeutic Services

Education Levels	Grade	Communication	Mathematics	Other Required Academic Courses (i.e. Science, Social Science)	Career and Technical Program Courses	Supplementary Course Recommendations (i.e. world language, entrepreneurship, etc)	Possibilities of careers relating to this Pathway
State Graduation Requirements: (URL to Page) www.cde.state.co.us/postsecondary/graduationguidelines							
MIDDLE	7						Fitness and Wellness Coordinators, Community Health Workers, Health Educators, Health Care Social Workers, Health Care Support Workers,
	8						
High /Secondary	9	English I	Algebra I,	Earth or Environmental Science		Computer Applications, Physical Education, World Language	
	10	English II	Geometry	Biology, US History, Foreign Language I		Psychology, Nutrition, Physical Education, Public Speaking	
	11	English III	Algebra II	Chemistry, Foreign Language II		Speech/Communications, Physical Education	
	12	English IV	Trigonometry or other Math,	Botany or other lab based Science		Computer Applications	
13 th year (ASCENT, P-TECH or other):							
High school courses in the pathway offered locally for college credit should be coded Concurrent Enrollment with CCNS Prefix and Number <weblink>							
List related Industry Certifications/credentials approved and offered locally: <insert credential/Industry certification name here>				Additional Learning Opportunities: CTSO organization(s): <input type="checkbox"/> DECA <input type="checkbox"/> FBLA <input type="checkbox"/> FCCLA <input type="checkbox"/> FFA <input type="checkbox"/> CCSA <input type="checkbox"/> HOSA <input type="checkbox"/> SkillsUSA <input type="checkbox"/> TSA <input type="checkbox"/> SC ²			
<this field> must have <this level> of training & learning:				Work-based Learning: X Career Research <input type="checkbox"/> Cooperative Education <input type="checkbox"/> Internship <input type="checkbox"/> Mentorship <input type="checkbox"/> Job Shadowing <input type="checkbox"/> Service Learning Project <input type="checkbox"/> Student Apprenticeship <input type="checkbox"/> Industry Certificate			
Postsecondary: CCPT Placement Assessment CLEP <weblink> Prior Learning Assessment (PLA) eligibility: <weblink> Acceleration Opportunities: AP: IB:				Other Graduation Requirements: <input type="checkbox"/> Capstone Project <input type="checkbox"/> Assessment (ACT, SAT, WorkKeys, ASVAB, Locally endorse, Other) <input type="checkbox"/> ICAP Quality Indicators <input type="checkbox"/> PWR Competencies			

POSTSECONDARY PROGRAMS					
POSTSECONDARY	Industry Certificate	Certificate	Associates Degree	Bachelor's Degree	Advanced Degree
		First Aid and CPR	Reflexology Massage Therapy Herbology Health and Wellness	Holistic Health	Medical Assistant Biological Sciences Pre-Health
Insert Program Requirements for Entry: http://www.trinidadstate.edu/admissions Gainful Employment Link: http://www.trinidadstate.edu/gedt/MassageTherapy/HealthandWellness/Gedt.html					
POSTSECONDARY COMMUNITY COLLEGE	Semester	CTE Sequence of Courses		General Education (Sequence of Courses)	
	Year 1 1 st Semester	HHP 161 Meditation for Health HHP 107 Managing Life's Stresses MST 105 Lifestyle Wellness	HWE 100 Human Nutrition HWE 103 Community First Aid and CPR		
	Year 1 2 nd Semester	OSH 226 Ergonomics: Manage Task Stress HWP 254 Holistic Health	HWE 109 Weight Management and Exercise HWE 124 Fitness and Wellness		
	Year 2 1 st Semester				
	Year 2 2 nd Semester				
Advanced Degree(s)	University/College: Degree or Major: Number of Articulated CC Credits: <insert link to Articulation Agreements> Alignment to ICAP Process and outcome(if applicable):				
Symbols/Codes: Legend: (this POS is coded for the following) + GT Pathway o ICAP Quality Indicator Shown ~ Concurrent Enrollment / IB * Hot career field - PWR Competencies Shown Badge < AP ^ Special Pops/ACE @ AVID					

Signatures:

_____ (Postsecondary) _____ Secondary _____ Date